



Winter Camp 2014

The Time and Place

The camp will be from 6.00pm on Friday 31st January until 10.40am Sunday 2nd February 2014 at Hopehill Camp Site, Meopham. Easter Hillcraft candidates should note that they will finish at 12.45 pm on the Sunday.

The camp is open to all Scouts and Explorer Scouts. Attendance at this camp is compulsory for all Scouts attending Easter Hillcraft in the Lake District. It is also compulsory for ALL FIRST TIME Scout members over the age of 14 who will be attending their first Easter Hillcraft. Scouts who may be interested in participating in the Autumn Hillcraft in October 2014 and those planning to participate in the District Hike competition in May will find participation in this camp beneficial. Explorer/Network Scouts planning DofE expeditions this summer need to attend this camp to have your training signed.

The Camp

The camp will focus on preparing and improving Scouting skills that are essential for hiking and camping in both the hills and on expeditions (such as Hillcraft, District Hike and Duke of Edinburgh Award). All materials and tuition is provided by experienced leaders in planning and recording routes, first aid, campcraft, safety, cooking, emergency procedures, navigation, camp equipment, rope work, etc. Scouts will be put in groups* and the training undertaken will be adjusted by group to suit the ability levels and experience of the participants.

Troop/Unit Leader's **must** be satisfied that their Scouts can cope with camping under what might be difficult weather conditions. All campers must be self-supporting for the weekend, using lightweight camping equipment and have warm winter clothing and sleeping bags that are suitable for winter conditions. Most Troops/Units will be able to supply tents and stoves allowing you to concentrate on getting the right personal equipment. It is recommended that you discuss with your Troop/Unit Leader what equipment you should get **before** it is bought.

Everybody attending Winter Camp will need to provide their own food (in consultation with their troop/unit leader to ensure its suitability) + personal first aid kit + compass. Additional information including kit list and menu ideas are detailed on page 2.

* Easter Hillcraft candidates will camp and cook separately so sufficient equipment will be required for troops to accommodate this.

The Cost and Application Details

The cost of the camp will be £10 per Scout payable on the day, any surplus or shortfall in costs will be added to or taken from general funds as appropriate. All applicants under 18 years old must also bring along a completed Permission to Camp form. In addition Hillcraft candidates will also need to complete the Permission to Camp Form, which accompanies the Hillcraft Course paperwork.

The Closing date

Leaders should let me know likely numbers attending Winter Camp by Friday 24th January 2014. I can be contacted by e-mail at adcscouts@graveshamscouts.org.uk if you have any queries.

R Viner (ADCScouts)

Winter Camp Meals

As part of the preparation for camping in the hills and on expedition; special training is to be given in the campcraft associated with the preparation of the meals. Below you will find a selection of menu ideas for suitable meals. You should discuss these with your Troop/Unit when planning food to bring. All meals should be accompanied by hot drinks.

If any participants are camping as a team then it is sensible to purchase the same food as they can cook it together rather than wait for a stove to become available.

Suggested Menus

- Menu 1 Main Meal: Beanfeast soya mince/pasta.
 Pudding: Fruit trifle (carton)
 Breakfast: Instant porridge, raisins (or other addition based on personal taste)
 Lunch: Rolls filled with cheese slices/chocolate spread/peanut butter, mixed nuts, cake.
- Menu 2 Main Meal: Tinned stew or macaroni cheese, new potatoes and vegetables (all canned)
 Pudding: Rice pudding (canned) + currents & raisins (dried) or jam
 Breakfast: All day breakfast (in a can) + roll
 Lunch: wraps + packet tuna, cake, fruit, drink
- Menu 3 Main Meal: Packet hotdogs, stuffing mix, instant smash, cup a soup
 Pudding: Tinned fruit (your choice) + custard (carton or instant)
 Breakfast: Scotch pancakes (jam/chocolate spread)
 Lunch: Pita Pockets + squirry cheese, crisps, cake, fruit

Winter Camp Kit Check List

The following kit will be needed at camp in addition to **FULL UNIFORM**:

- (a) Tent with sown in groundsheet (shared as required)
- (b) Good Sleeping bag and sleepmat
- (c) Kitbag, rucksack or holdall with waterproof liner
- (d) Personal First Aid Kit
- (e) Personal medication
- (f) Survival bag
- (g) Emergency rations
- (h) Waterproof jacket, leggings and gaiters
- (i) Fleece and warm sweater(s)
- (j) Hiking boots, socks, boot wax and spare laces
- (k) Hat/balaclava, gloves/mitts and scarf
- (l) Spare clothes, socks and underclothes
- (m) Trainers (optional)
- (n) Wash kit and towel
- (o) Lightweight stove, fuel and cooking billies
- (p) Mug, dishes, knife, fork and spoon
- (q) Drinks, food for duration of camp and emergency rations
- (r) Water bottle, thermos flask
- (s) Packed lunch box - with lunch for Saturday
- (t) Plastic bags
- (u) Map case, map and compass (Silva type)
- (v) Torch with spare batteries and bulb
- (w) Pencil or ballpoint pen and small notebook
- (x) Watch, penknife and whistle
- (y) Camera (optional)
- (z) Money (optional) as the tuckshop will be open over the weekend

All items should be **CLEARLY AND INDELIBLY MARKED** with your name.